

# MATCH IN-PERSON REGULATIONS



Aligning with Niagara Health regulations, our agency is ready for matches to meet in-person again - with the following guidelines! The safety of our youth, families, volunteers and staff are at the forefront of all decisions.

After you have read the guidelines below, please sign the mandatory waiver and send back to your caseworker to be verified and approved.

**\*BOTH volunteer waiver and guardian waiver are required before any in-person visits.**

## AGENCY REQUIREMENTS

- ALL COVID-19 Safety Guidelines **MUST** be followed during every in-person visit
- The volunteer and child must have a mask on-hand at all times
- Be familiar with local by-laws within each municipality - some may require face masks
- Any individual connected to a confirmed or probable case of COVID-19 will not meet in person with their match or any agency staff until they have contacted Niagara Region Public Health, have followed all of their instructions, and have been cleared of COVID concerns



## AGENCY RECOMMENDATIONS

- Visit and play outdoors
- Strongly advise wearing masks if indoors
- Carry hand sanitizer with you at all times
- Avoid hugging, high-fiving, and hand-shaking (give BIG smiles!)
- Avoid activities that require shared use of equipment
- Avoid areas that may have a large amount of people
- Consider the number of people in your personal "bubble"
- Recommended limit of one (1) in-person outing per week.



# COVID-19 SAFETY GUIDELINES



## STAY HOME IF YOU'RE SICK

- Don't go to school, work, or out with your mentee/mentor if you're sick
- If you think you have mild symptoms or have been in close contact with someone who has COVID-19, call 905-688-8248, press 7, then press 2
- Volunteer/Parent to confirm morning of visit that all parties are healthy to attend



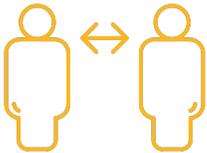
## CLEAN YOUR HANDS OFTEN

- Clean your hands with soap and water for 20 seconds, or hand sanitize
- Avoid touching your eyes, nose or mouth with unwashed hands



## COVER YOUR COUGH/SNEEZE

- With a tissue or into your elbow sleeve
- Throw used tissues into a covered, plastic lined garbage can and clean your hands



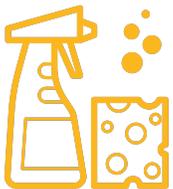
## KEEP YOUR DISTANCE

- Practice physical distancing and keep a distance of two metres from others
- Matches must be limited to 1:1 contact (no spouses/friends of Bigs and no siblings/friends of Littles are to attend visits until further notice)



## AVOID SHARING PERSONAL ITEMS

- Especially those that come into contact with saliva, such as toothbrushes and eating utensils, and even sharing food



## CLEAN AND DISINFECT

- Have hand sanitizer available, and use regularly
- Volunteers should clean and sanitize vehicle before and after visits
- Clean and disinfect high touch surfaces regularly
- Use a disinfectant and follow manufacturer's instructions